



NEAFAN

North East Alberta
FASD Network

NEAFAN FASD Clinic Services Referral Package

Thank you for your interest in the North East Alberta FASD Assessment Clinic. The following package contains an overview of what to expect during this process, the referral form and our contact information.

****Please note that all adult clients must have a Designated Support Person to assist them through the clinic process. The intent of the designated representative is to ensure the client has the best opportunity to apply the recommendations from the assessment. ****

Who is the Clinic for?

The FASD Clinic is for children (age 7+) and adults experiencing difficulties that are suspected to be a result of **prenatal exposure to alcohol**. These individuals may have difficulty with education, social skills, organization, employment and independent living.

****Confirmation of prenatal alcohol exposure is required. The clinic Lead can assist in gathering this information.****

How does an individual access the clinic? Who can refer?

A referral is needed to access the clinic. The referring person can be a professional working with the client (including advocates from agencies that are associated with NEAFAN), health care and other agency professionals, or personal sources including family, adoptive parents, guardians, or caregivers.

Self-referrals can also be accepted provided the individual is connected to supports and has a designated representative to assist them through the application and assessment process.

What happens after the referral is submitted?

The client's information is reviewed by the Clinic Lead, and an interview will be completed with the referral source. If pre-screening requirements are met, the client and their representative will attend an intake meeting to complete consents for the clinic to access records including health and educational records, as well as other relevant documentation such as mental health and social service records; as well as contact their sources for confirmation of Prenatal Alcohol Exposure. **It may take up to three months or longer** for these records to be received. An extensive record review determines if the client fits the Canadian diagnostic criteria for FASD. Once Prenatal Alcohol Exposure is confirmed and all other information is obtained, the client is placed on the waitlist and required to check in with clinic quarterly (personally, or representative) to keep their file active.

****If there is no contact with a client/representative for 6 months, they will be removed from the waitlist.***

How is FASD Diagnosed?

This clinic uses **The Canadian Guideline for Fetal Alcohol Spectrum Disorder** (*Fetal alcohol spectrum disorder: a guideline for diagnosis across the lifespan* 2015).

FASD is diagnosed by considering evidence of a number of criteria, including the extent of brain damage in individuals exposed to alcohol during gestation. Not all individuals exposed to alcohol during gestation have an FASD. Not all referrals will go forward for assessment if the obtained documentation does not support the diagnostic criteria.

****Not all applications will proceed for a full assessment/diagnosis. ****

What happens in the assessment process?

The assessment team includes a Clinic Lead, Psychologist/Physician and auxiliary members. The team will work with the client/family, their representative, and any other support people that they would like to involve.

The assessment will consist of at least 2-3 sessions and more time may be required for further consultation.

Clients and/or their family members/caregivers will be interviewed by the Clinic Lead. Clients will complete approximately 6-8 hours of testing (over 2-3 days) with the Clinicians to assess abilities.

The Physician will conduct a health screen and examine facial features that are sometimes seen with prenatal alcohol exposure.

How will the results of the assessment be provided?

Clients **may or may not** receive an FASD diagnosis, however the results of the assessment will be shared with the client and their representatives. Clients and their support people will have an opportunity to learn about their strengths and areas of difficulty, and recommendations will be provided that will include linkages to services and supports. The representative will help with the implementation of the recommendations.

Included in this package:

- Assessment Clinic overview
- Referral Information Form
- Consent for Representative (for Adult Clinic Clients only)

Please send the completed package via email, fax, or mail as below:

FASD Clinical Services

Clinic Lead – Kerri Power

Email: kerri.power@ahs.ca

Phone: 780-750-6678

Fax: 780-750-6681

Mail: 829-600 Signal Road, Fort McMurray AB, T9H 3Z4



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NEAFAN FASD Clinic Services

Referral Form

Date Received:

Date: _____

1. REFERRAL SOURCE INFORMATION

Who initiated the Referral? _____

Name of Individual Making Referral: _____

Relationship to Individual: _____ Agency: _____

Phone: _____ Email: _____

Is client aware/do we have permission to contact: _____

2. CLIENT INFORMATION – *Adults-Please provide a copy of Identification (if available)

Client's Name: _____ Birth Date: (D/M/Y): _____

Alberta Health Care # _____

Female Male Genderqueer/Non-Binary _____

Client's Address: _____

City: _____ Province: _____ Postal Code: _____

Client's Telephone: Home _____ Work _____ Cell _____

Cultural Origin:

Caucasian Asian African American First Nations Metis

Other (specify) _____

If First Nations:

Band name: _____

Treaty Status: YES NO If Yes, Treaty # _____

On Reserve: Yes No

Hospital Where Born: _____ Address of Hospital: _____

Dependents: _____ Age of Dependents: _____

Primary Language Spoken at Home: 1. _____ 2. _____

3. CAREGIVER INFORMATION (if applicable)

Name of Individual(s): _____

Relationship to Individual: _____

Address: _____

Phone: _____ Email: _____

Attach copy of custody/guardianship order

3. BIRTH FAMILY INFORMATION

Biological Mother's Name: _____

Address: _____

Phone: _____ Email: _____

Biological Father's Name: _____

Address: _____

Phone: _____ Email: _____

Is there current contact: _____

4. SERVICES/SUPPORTS/AGENCY INVOLVEMENT

(a) **Is Child and Family Services currently involved?** Yes _____ No _____ Unknown _____

If yes, is there an order in place? _____

Name of Caseworker: _____ Agency: _____

Phone: _____ Fax: _____

Has Child and Family Services ever been involved (as a child or adult)? Yes _____ No _____

When? _____ Where? _____

(b) **Name of Family Doctor:** _____ **Clinic:** _____

City: _____ Phone: _____

(c) **Please check all current supports being accessed and name of worker:**

AISH: _____ Contact: _____

PDD: _____ Contact: _____

Alberta Works: _____ Contact: _____

Mental Health: _____ Contact: _____

Addiction Services: _____ Contact: _____

FASD Outreach/PCAP: _____ Contact: _____

Public Guardian/Trustee: _____ Contact: _____

Probation/Parole: _____ Contact: _____

Cultural Supports (Elder/Native Friendship Centre): _____ Contact: _____

Other (please specify): _____ Contact: _____

(d) **School/Employment**

Is the client currently in school or a training program? Yes _____ No _____

Name of School or Training Program: _____ Grade: _____

Is the individual currently employed? Yes _____ No _____ Part Time _____ Full Time _____

Name of Employer: _____

Name & location of last school attended: _____

Last year attended: _____

5. ASSESSMENT AND DIAGNOSIS

Why is an assessment being requested?

(a) What do you know about the individual that leads you to believe he/she may have FASD? _____

(b) What are the expectations/perceived benefits of an FASD Assessment and possible diagnosis? _____

Is client willing to connect and engage with other service providers as per recommendations that may arise from a report/ _____

(c) What coping strategies does the individual currently use? _____

(d) Has there been confirmation of prenatal alcohol exposure? _____

(e) What is the source of confirmation of prenatal alcohol exposure?

Birth Mother _____ Birth Father _____

Other Relative (If yes, describe relation) _____

File records (If yes, which records) _____

Other _____

(f) Contacts for confirmation of prenatal alcohol exposure (PAE):

Name and contact information (relationship): _____

Is individual aware we will be contacting them for the purpose of Prenatal Alcohol Exposure confirmation for this client? _____

(g) Previous FASD Diagnosis Yes _____ No _____ Unknown _____

If yes, Name of Professional that compiled: _____ Address: _____

Diagnosis: _____ Date Assessment Completed: _____

Have there been any other assessments completed? (IE: Ed-Psych, Neuro-Psych, Functional)

Please List _____

PLEASE ATTACH COPIES OF ANY PREVIOUS ASSESSMENTS

(i) Please check off all areas of concern:

<input type="checkbox"/> Problems at home	<input type="checkbox"/> Problems at school	<input type="checkbox"/> Learning	<input type="checkbox"/> Cognition
<input type="checkbox"/> Hyperactivity	<input type="checkbox"/> Fine Motor Skills Gross	<input type="checkbox"/> Motor Skills	<input type="checkbox"/> Academic
<input type="checkbox"/> Impulsivity	<input type="checkbox"/> Hearing/Vision	<input type="checkbox"/> Behavior	<input type="checkbox"/> Speech
<input type="checkbox"/> Work/School Readiness	<input type="checkbox"/> Memory	<input type="checkbox"/> Emotional	<input type="checkbox"/> Language
<input type="checkbox"/> Health/Lifestyle Concerns	<input type="checkbox"/> Attention Problems	<input type="checkbox"/> Social	<input type="checkbox"/> Medical
<input type="checkbox"/> Other concerns _____			

Is the individual dealing with a current addiction to drugs &/or alcohol?

If yes, please list all substances & length/level of use: _____

Is the individual currently in recovery from addiction to drugs &/or alcohol?

If yes, please list substances used & how long the individual has been in recovery: _____

Does the individual have any current legal issues/probation/court dates?

If yes, please describe: _____

Are there any safety concerns for staff with this individual? _____

(j) Is this assessment required for any other applications?

AISH _____ PDD _____ Public Guardian/Trustee _____ Court _____

6. What are the strengths and interests of the individual?

7. Does the client have knowledge of FASD and why this referral has been made?

Please add any additional information you think would be helpful:



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NEAFAN FASD Clinic Services
ADULT CLINIC
Consent for Assessment and Representation Form

Consent for Designated Support

I, _____ consent to have an assessment for Fetal Alcohol Spectrum Disorder
Client Name

I grant permission for _____ to serve as my support person and representative
Designated Support

throughout my involvement with the Adult FASD Assessment Clinic.

This role includes, but is not limited to, serving as the primary contact person, arranging my appointments, helping me plan transportation, attending Clinic Day, receiving the final FASD Medical Report and assisting me with assessments, recommendations and management plan.

Acknowledgement of Designated Support

I, _____ agree to serve as the representative for _____
Designated Support *Client Name*

throughout the Adult FASD Assessment Clinic process. I recognize that accepting the role of representative may include, but is not limited to, serving as the primary contact person, arranging the client's appointments, supporting them in sourcing transportation, attending Clinic Day, receiving the final FASD Medical Report, supporting the client throughout the entire process and assisting them with assessments, recommendations and management plan.

Phone Number: _____

Email: _____

Representative's Signature

Date

Client's Signature

Date